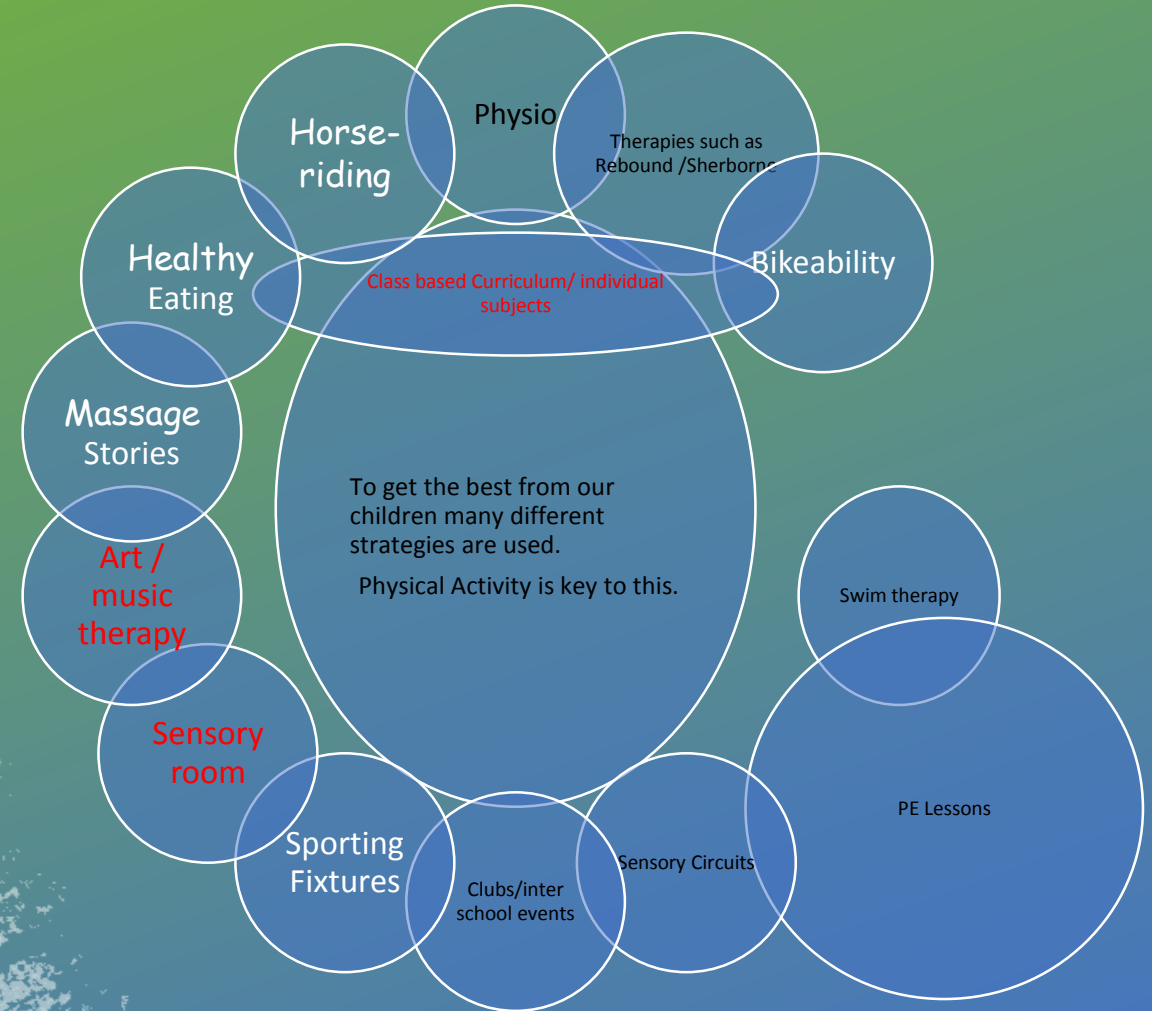


Physical Education at Castle

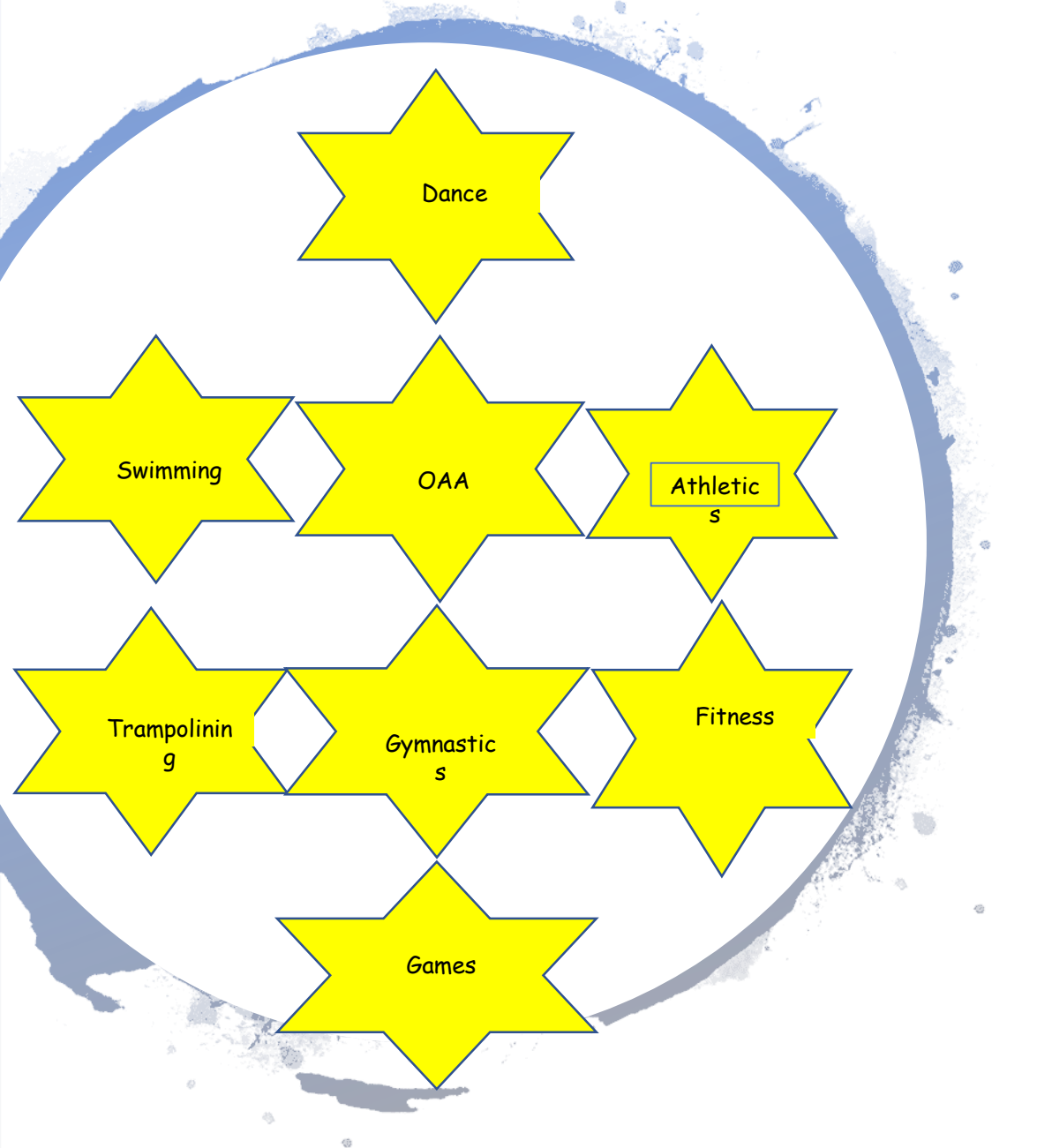
- Physical Education (PE) at Castle is part of all areas of the curriculum.
- We have a specific PE curriculum which is delivered by the PE team.
- Class teams and physiotherapists also play an important role in delivering physical activity.
- Children with more complex needs, access PE through their own individualised programmes

Physical Education is an important part of school life and is accessed in many different ways

Physical Education is key to developing the whole child at The Castle



Physical Education Department



- All of our children access our Physical Education curriculum or follow a more bespoke physical activity programme. The curriculum is delivered by our 2 full time PE teachers, Swimming teacher and a Level 4 teaching assistant.
- 8 main areas are taught:

How PE is taught

When undertaking PE, students are taught in 4 main areas to ensure they develop their knowledge, skills and understanding.

These 4 areas are:

- Acquiring and developing skills
- Selecting and applying skills, tactics and compositional ideas
- Evaluating and improving performance
- Knowledge and understanding of fitness and health

PE Lessons

At Castle our students love and enjoy their PE lessons. Each lesson is differentiated so all children are challenged at appropriate levels.



Communication in PE

In PE we communicate in many different ways to ensure our children understand:

- ▶ Body language
- ▶ Eye pointing (shared attention)
- ▶ Intensive interaction
- ▶ Switches for choice making
- ▶ Signing
- ▶ Picture exchange communication system
- ▶ Verbal communication

Cross Curricular Links

- ▶ Physical Activity is linked to all areas of the curriculum. Hence the PE team meets with class teams regularly to ensure PE lessons are an extension of the classroom learning.
- ▶ Within our PE lessons, other subject areas are taught. These include ICT, communication, mathematics, PSHE etc

Assessment

- ▶ We are constantly assessing our children to check they are progressing.
- ▶ The PE curriculum has its own bespoke assessment programme with our own castle school levels.
- ▶ We also use 'Early Years', 'Routes for Learning' and 'Moving On' assessment criteria
- ▶ Swimming uses the ASA assessment criteria, which is adapted slightly for our school.



Clubs and Teams

At Castle we run lunchtime clubs, everyday of the week for both our primary and secondary students.

Our sports teams compete in inter-school competitions throughout the year. Sports which we have competed in include cricket, football, athletics and basketball.

Sports Leaders

- ▶ At school our more senior students are also developing their leadership skills - by performing sports leaders duties.
- ▶ One lunchtime a week our leaders assist in running a club.
- ▶ Our leaders also assist at all school sporting events, such as the Swimming Gala.



Special Events

At Castle we host several regular sporting events throughout the year. These include a swimming gala, sports day, fun run, sports relief activities and much more.

Our Sports day is a particularly big event which contains many varied activities, so we can differentiate effectively for all our students.



Physiotherapy

At Castle school we have students with physiotherapy programmes. We encourage the students to work hard on their physical needs and encourage independence and peer work.

We support students physical needs across the school, in all areas of the learning environment.



Rebound Therapy



At Castle many students have the opportunity to undertake trampolining and Rebound Therapy. We are very lucky to have an outdoor sunken trampoline.



Links and Partnerships

At Castle we have built up really strong links and partnerships with many different groups:

- ▶ Long Road Sixth Form students who lead PE sessions as part of their course.
- ▶ Chesterton Community College Sports Leaders who assist in the running of Castle Sporting events:
- ▶ Cambridge Regional College students who lead PE lessons as part of their course.
- ▶ Cambridge United FC who provide regular coaching events at school and assist us in fundraising events.
- ▶ Cambridge Lawn Tennis Club who provide coaching and facility use.
- ▶ Power2Inspire an fantastic charity who we work closely with.