

# Edinburgh 2021-22

	9.00-9.30	9.30 -10.00	10.00 – 10:30	10:30 – 11:00	11.00-11:45	11:45 -12.30	12.30 – 1.30		1:30 – 2:00	2:00 – 2:30	2:30 – 3:00	3.00 – 3.10
Monday	Individual Programmes	Circle time	Attention time Rebound in hall	Play, snack	Explore room/ Maths box	Explore room/physio Maths box	Lunch maths/English area	Tutor Groups for Registration	Swimming TACPAC		Massage story	Home 3:00
Tuesday	Individual Programmes	Zoom assembly Circle time	Forest school		Attention time	Story time in library physio			Swimming TACPAC	Massage story	Home 3:00	
Wednesday	Individual Programmes	Circle time	Attention time		Sensory art with Kathryn	Clever fingers Physio Kathryn			PE with Connie	Massage story	Home 3:00	
Thursday	Individual Programmes	Circle time Zoom Music assembly Bikes	Bikes		Attention time Soft play	Soft play physio			Creativity		Home 3:00	
Friday	Individual Programmes	Circle time	Community outing		Community outing				Yoga	Zoom assembly	Massage story	Home 3:00

## Individual Programmes/ social emotional development:

Some children have an opportunity to complete a series of work trays focusing on key skills that develop their PLTs. For others they are able to access sensory circuits to prepare them for learning or complete a Clever Fingers station to improve their fine motor skills.

## Communication

These sessions include a programme designed on the principles of 'Attention Autism' which uses practical approaches to increase and sustain attention, focus, and communication and group learning and interaction skills. Opportunities for communication are built into sessions throughout the day, particularly during TACPAC, Sherborne and the use of massage stories.

## Key skills

English, Maths and ICT are taught through the use of a story and props. These subjects are intertwined throughout sessions instead of a focused session. It allows the children to generalise the skills they are learning and develop their ability to apply them to real life situations.

## Sensory and physical

These sessions focus on using the senses to help the student explore and understand themselves and the world around them. They may include TACPAC which is based on shared touch and sound and Sherborne which is the building of communicative responses through movement.

Physical opportunities for independent movement for grounding and exercise. This includes rebound, swimming, sensory PE and community outings.