

# Trampoline

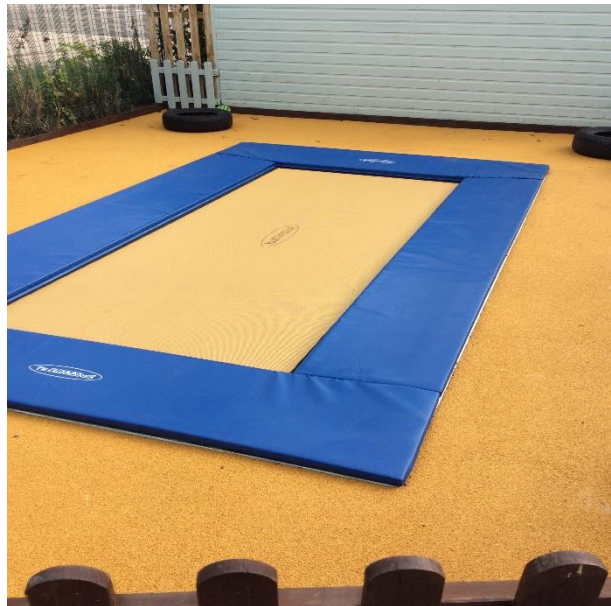
**Bouncing on a trampoline is a motivating activity for many children- join in!**



**Ready steady .... go!** - use this word to encourage your child to request. Remember that it has a great built in verbal prompt: “Ready, steady...” Encouraging your child to make a request for the activity to be repeated by prompting ‘more?’

**Go/Stop!** - 

Model and teach these words while stopping and starting movement on the trampoline.




**Up/Down** – Model these words while jumping up and down



**Important!** - acknowledge any efforts your child makes to request, this could look like them pulling your hand, making sounds, or giving eye contact.


# Swing

Many children are very motivated by movement – especially on the swing!

**Go!** – use this word to encourage your child to request being pushed on the swing. Remember that it has a great built in verbal prompt: “Ready, steady...” 

**Finished** – model this word when you stop the swing and allow your child to tell you that they are done with the swing by saying “finished”



**Fast/Slow** –   
encourage the use of these words when allowing your child to request the speed at which they are being swung.



**My turn/your turn** – comment when a turn has finished... “x’s turn has finished” “Now it’s x’s turn”. Tip! Use a turn-taking song, use the same language consistently, use a countdown at the end of a turn.

# Sandpit

## Sandcastle.... smash!

Create an exciting performance using the following sequence and key phrases:

“Fill it up”

“Pat it down”

“Pat, pat, pat!”

“Turn it over”

Reveal the sandcastle and then ....

“Smash!”



**Dig!** – Bury hidden treasure/objects in the sand and have fun digging while you try to find them. Say “dig” while you play. Model ‘You found...’ ‘I found ...’

## Ready steady.... pour!

Grab buckets and fill them with sand. Pour the sand out and talk about how it is “falling down”.

# How to use gardening to develop language

We all learn language through models (examples) around us.

## Describe...

“Dirty hands”

“Wash hands”



## Take turns to pour or dig

“Your turn”

“My turn”

## Make comments

“Good work”

“Wow!”

## Direct attention

“Look at that  
plant”

## Give directions

“pour”

“dig”

“give”