



Dear Families

What a glorious sunny start to the new season. We hope you are enjoying the weather as much as our students and staff are.

It is our first full week back which is always a busy one. Everyone is getting used to their new routines and settling well into their class groups, college links and work experience placements. This is a joyous thing to witness as it is vital our pupils go out and put their communication skills into practice; we will endeavour to keep this going!

Meet our Therapy Team

At Castle, there are three in-house therapists:

Yuki, ART THERAPIST (Mond-Fri)

Sam MUSIC THERAPIST (Mond-Thu)

Mary OCCUPATIONAL THERAPIST (Mond and Tue)

NHS therapists also regularly visit school, this includes speech and language therapists, physio therapists and occupational therapists.

WHAT WE DO:

Mary - OCCUPATIONAL THERAPY:

I am an occupational therapist who has specialised training in sensory needs. I mainly work directly with pupils and their class teams in the classroom. (Universal level support) I look at how students become regulated and what supports them to access their learning. E.g. setting out the classroom, suggesting equipment,

introducing movement and calming activities, supporting staff to understand sensory needs. I can also offer some 1:1 sessions for a targeted episode of support over a few weeks.

Yuki - ART THERAPY: I am an Art Therapist who uses art making and play in my sessions. This approach is very useful for students to access, process and understand emotions and behaviours. I usually see students 1:1 in the art therapy room. I can also work in the classroom, providing both Universal/Targeted support, either 1-1 or group work. I sometime work together with other therapists in our team.

Sam - MUSIC THERAPY: I am a psychodynamic therapist that uses music making to engage with pupils. This may include, listening to music and talking, improvising, playing together and writing songs. I will usually work with students 1:1 in the music therapy room but can also offer group sessions in class. Music Therapy is not about learning music, but using the medium of music to develop pupil's communication and social skills, improve their self-confidence and offer a space outside of class where they can express themselves in their own unique way.

Corfe Class News

Corfe has been working on their social skills while enjoying getting to know all the new students who joined Castle School. They love going on the bucket swing, running around the castle area, and sitting in the shade to have a quiet chat with someone.



SCHOOL NURSING CLINICS

School Nursing Clinics

The aim of these clinics is to give children and families the opportunity to seek advice and discuss any concerns they may have in areas such as toileting, diet, emotional health, sleep, growing up/puberty and other general health advice and support.

The upcoming dates we will be in schools are >>>

Samuel Pepys Monday 18th September

Granta School Monday 25th September

Highfields Littleport Monday 2nd October

Meadowgate School Monday 9th October

Spring Common Monday 16th October

Highfields Ely Thursday 2nd November

Castle School Monday 6th November

For further information or to book an appointment contact us on:

CCS-TR.SNSN@nhs.net or call 01223 218061.

Please leave your child's name, date of birth and a brief description of the reason for the appointment.

Best wishes

Charlotte

Charlotte Whysall – Headteacher