

Lunch Menu

Week 1



w/c:

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Mediterranean Chicken Served with Khobez bread & Roasted Vegetables	Homemade Margherita Pizza Served with Baked Potato Wedges and Coleslaw or Peas	Roast Chicken Thigh Served with Crispy Roasties, Broccoli & Gravy	Chicken Jollof Rice Served with a Crunchy Slaw	Golden Fish Fingers Served with Chips & Baked Beans
 Vegetable Tagine Served with Khobez bread & Roasted Vegetables	Homemade Pizza al a Pesto Served with Baked Potato Wedges and Coleslaw or Peas	Cauliflower Cheese Served with Crispy Roasties, Broccoli & Gravy	Sweet Potato & Black Bean Curry Served with Steamed Rice & Crunchy Slaw	Roasted Vegetable Pita Pockets Served with Chips & Baked Beans
Penne Pasta with Nut free Spinach and Basil Pesto   	Jacket Potato with Cheese or Baked Beans or Tuna Mayo	Penne Pasta with Homemade Tomato Sauce   	Jacket Potato with Cheese or Baked Beans or Tuna Mayo	Penne Pasta with Homemade Tomato Sauce   
Grab & Go Chefs Homemade Loaded Wedges	Grab & Go Premium Pasta Pots	Grab & Go Roast Dinner Wrap with Gravy Dip	Grab & Go Asian Style Noodle Pots	Grab & Go Chefs Special Loaded Fries
Apple Crumble Cake	Jelly & Fruit Slices	Carrot & Cinnamon Cookies	Ice Cream Station	Hob Nob Biscuit 50/50 Wholemeal

SEASONAL VEGETABLES, SALAD BAR, FRESH BREAD, YOGHURT AND FRUIT ARE AVAILABLE DAILY

Icon Key



Added plant power



Wholemeal



Vegan



Vegetarian



Oily fish



Full of fruit



Nutritionist's Choice



Extra Protein Power



Good for your gut

Lunch Menu

Week 2

Stir.

let's eat, together

w/c:

MONDAY

Char Sui Pork

Served with a Noodles & Green Cabbage

TUESDAY

Homemade Pizza

Margherita

Served with Paprika Wedges & Coleslaw

WEDNESDAY

Chicken, Sage &

Onion Slice

Served With Crispy Roasties, Carrots, Sweetcorn & Gravy

THURSDAY

Bombay Chicken Biryani

Served with Wholegrain Rice & Broccoli

FRIDAY

Golden Fish Fingers

Served with Chips & Baked Beans

Chow Mein Noodles

Served with a Green Cabbage

Vegetable Supreme Pizza

Served with Garlic & Herb Wedges and Coleslaw or Peas

Crispy Cheese & Lentil Bake

Served With Crispy Roasties, Carrots, Sweetcorn & Gravy

Malai Koftas (Paneer)

Served with Wholegrain Rice & Broccoli

Sweet Pot, Leak & Cheese Quiche

Served with Chips & Baked Beans

Penne Pasta with Homemade Tomato Sauce



Jacket Potato with Cheese or Baked Beans or Tuna Mayo

Penne Pasta with Nut free Spinach and Basil Pesto



Jacket Potato with Cheese or Baked Beans or Tuna Mayo

Penne Pasta with Homemade Tomato Sauce



Grab & Go

Burritos From around the World

Grab & Go

Premium Pasta or Rice Pots

Grab & Go

Roast Dinner Wrap with Gravy Dip

Grab & Go

Homemade Pork, Sage & Onion Sausage roll

Grab & Go

Chefs Special Loaded Fries

Vanilla Sprinkle Sponge

Watermelon Sticks

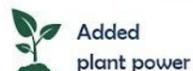
Chocolate Bricks

Ice Cream Station

Oatie Cookie

SEASONAL VEGETABLES, SALAD BAR, FRESH BREAD, YOGHURT AND FRUIT ARE AVAILABLE DAILY

Icon Key



Lunch Menu

Week 3

Stir.

let's eat, together

w/c:

MONDAY

Chicken Tacos

Served with
Rainbow Rice & Sweetcorn

TUESDAY

Homemade Sausage Rolls

Served with Wedges & Baked Beans

WEDNESDAY

Roast Chicken Thigh

Served with Crispy Roasties,
Carrots & Sweetcorn

THURSDAY

Mac n Cheese with a Crispy Crumb Topping

Served with Green Beans

FRIDAY

Golden Fish Fingers (Salmon Or Pollock)

Served With Chips & Garden Peas

Eat Curious Tacos

Served with Rainbow Rice &
Sweetcorn

Homemade Cheese & Onion Rolls

Served with Wedges & Baked Beans

Cheesy Root Veg Crumble

Served with Carrots
& Sweetcorn

Vegetable & Bean Chilli

Served with Steamed Rice &
Green Beans

Vegetable Fingers

Served with Chips & Baked Beans

Penne Pasta with Homemade Tomato Sauce



Jacket Potato with Cheese or Baked Beans or Tuna Mayo

Penne Pasta with Nut free Spinach and Basil Pesto



Jacket Potato with Cheese or Baked Beans or Tuna Mayo

Penne Pasta with Homemade Tomato Sauce



Grab & Go

Breakfast Sausage & Ketchup
Baps

Grab & Go

Premium
Pasta or Rice
Pots

Grab & Go

Roast Dinner Wrap with
Gravy Dip

Grab & Go

Asian Style Noodle
Pots

Grab & Go

Chefs Special Loaded
Fries

Orange & Cinnamon
Cake

Fruit Bowls

Jelly & Fruit Slices

Ice Cream Station

Polish Vanilla Cookies

SEASONAL VEGETABLES, SALAD BAR, FRESH BREAD, YOGHURT AND FRUIT ARE AVAILABLE DAILY

Icon Key

