

Castle School Key Stage 4

Our Courses



Overview

Castle Key stage 4 offers two year course for pupils who have a statement of Special Educational Need.

We provide a full-time, five-day specialist provision that gives students an individualised curriculum which is geared towards developing the skills and knowledge they need to thrive post school.

The programme blended between subject areas and personal development . There is a strong emphasis on Preparation for Adulthood.



Autumn 25

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Castle School, Cambridge

next



Overview

Each course offers a tailored programme that reflects students' abilities, needs, interests, and aspirations. There is purposeful crossover between pathways so that every pupil can broaden their experiences and opportunities. We place a strong emphasis on Preparation for Adulthood.

Details of each can be found on the next slides and within our curriculum and subject presentations



next

Opportunity Course

Formal Learners

Formal Pathway			
Possible post 16 destinations	Castle School 6 th form	Cambridge Regional College	Other Level 1 courses
Castle KS 4	Qualifications Entry Level English Maths Science PE Geography History Art (GCSE if able to access)		
	Personal Development Bronze DOE Bike ability		
	Employability Work Related Learning placements 1/2 day per week Carousel linked to vocational pathways. Areas covered: Communication Skills, Teamwork, Responsibility and Reliability, Problem Solving, Understanding Different Jobs.		
	Good Health Built into PSHE and PE programmes of study. links with sports coaches and leisure facilities. Accessing Health Services and Support, Mental and Emotional Wellbeing, Healthy Eating and Nutrition, Understanding Own Health Needs.		
	Friends Relationships and Community. Positive Friendships, Understanding Different Types of Relationships Communication Skills Being an Active Member of the Community Staying Safe in Relationships and Online		
	Independent living Daily Living Skills, Managing Money. Health and Wellbeing. Community Access		



Opportunity Course -Formal Learners

Route into employment including Apprenticeships
Entry Level Certificates

Maths and English

Students continue to develop their core literacy and numeracy through the Entry Level courses in English and Maths.

Other subject areas

Students follow a broad subject-based curriculum building on the skills and knowledge learnt in KS 3. Subjects offered include Science Geography History PE and Art

Employment - Preparation for Work

Opportunities start from Year 7.

In-school carousel linked to different employability pathways, ensures that students are experiencing a range of opportunities

Good Health

Good health is supported through PSHE and PE programmes, including gym sessions, swimming, and specialist coaching from sports professionals.

Living Independently

Life skills such as cooking, shopping, budgeting and financial education are developed to build independence at home and in the community.

Friends Relationships and Community

Developing healthy relationships both in person and on line are prioritised, strong links with community groups and venues are cultivated

Participation Course

Semi Formal Learners

Semi - Formal Pathway		
Possible post 16 destinations	Castle School 6 th form	Cambridge Regional College
Castle KS 4	Qualifications Life and Living skills Diploma Achieved at Entry 1 – 2 37 credits made up of a range of units delivered in school and in the community. The units gained are claimed in the year the student leaves Castle	
	Personal Development Bronze DOE Bike ability and safe cycling safety in the community	
	Employability School based Jobs and enterprise activities, exploring different workplaces in the community such as shops and café, fire station Understanding the world of work Developing Functional vocational skills	
	Good Health Built into PSHE and PE programmes of study Understanding personal health needs Developing self-regulation and emotional wellbeing	
	Friends Relationships and Community. Navigating and accessing the community Social communication and interaction skills	
	Independent living Practical daily-living skills Making choices and expressing preferences Daily Living Skills. Health and Wellbeing. Community Access	



Participation Course- Formal / Semi Formal Learners
Route into supported employment
Entry Level Life and Living Skills Accreditation

Developing Functional Skills – Maths and English for Life

Students build practical literacy and numeracy skills that support everyday living and future independence.

Other subject areas

Other subjects such as creativity and our world ensure that the curriculum remains broad

Employability and Volunteering

Group activities supported by adults, including:

Horticulture and Enterprise

Good Health

Learning that promotes physical and emotional wellbeing. Delivered through our PSHE programme

Living Independently

Practical daily-living skills Cooking basics, simple food prep, using household appliances safely, personal hygiene routines. Managing belongings, organising personal space, choosing clothing for weather/activity.

Making choices and expressing preferences

Understanding options in daily life (food, clothes, activities) and communicating personal preferences clearly.

Practising simple decision-making and recognising consequences

Friends, Relationships and Community

Opportunities to build social skills and visit community facilities, including shops and leisure venues, to encourage positive relationships and active participation in the wider community

Live Well Pathway

Pre Formal Learners

Pre -Formal Pathway	
Possible post 16 destinations Castle KS 4	Castle School 6 th form
	<p>Qualifications Life and Living skills Diploma Achieved at Entry 1 – 2 37 credits made up of a range of units delivered in school and in the community. The units gained are claimed in the year the pupil leaves Castle</p>
	<p>Personal Development Personal grooming and self care routines, safety in the community</p>
	<p>Employability – Developing Functional vocational skills School based Jobs and enterprise activities, exploring different workplaces in the community such as shops and café, fire station Developing engagement and attention during purposeful activities Experiencing work-related environments through sensory exploration</p>
	<p>Good Health Built into PSHE and PE programmes of study. Sensory regulation and physical comfort. Communication of basic needs and emotions</p>
	<p>Friends Relationships and Community. Sensory-positive experiences in the community Building awareness of others and shared attention</p>
	<p>Independent living Participating in personal care and daily-living routines Developing preferences and making choices</p>

Live Well Course Semi and Pre Formal Learners

Route into Social Care

Life and Living Skills Accreditation Mainly at Entry Level 1

Supported Work and Volunteering Opportunities

Pre-formal learners take part in meaningful, sensory-rich work experiences that help build confidence and engagement. Opportunities include:

- Helping at the Food Bank
- Visits and activities at Wimpole Farm
- Simple Enterprise tasks
- Charity events, including organising and sorting resources for hampers

These experiences promote communication, teamwork and a sense of contribution.

Good Health

We focus on developing resilience, emotional regulation and personal wellbeing through:

- Support with grooming routines (e.g. hair brushing, nail care, teeth cleaning)
- Building confidence to accept help from familiar medical professionals such as doctors and dentists
- Daily access to physical activity, movement breaks and healthy eating opportunities

This helps learners become more comfortable with routines that keep them safe and well.

Living Independently

Learners practise essential daily routines with adult support, including:

- Building positive relationships with trusted adults
- Developing predictability through structured personal-care routines
- Practising simple self-help tasks at an appropriate level

These experiences help learners feel secure and more confident in everyday life.

Friends, Relationships and Community

We support pre-formal learners to develop early social skills and enjoy positive interactions through:

- Visits to community spaces such as shops, cafés and leisure facilities
- Opportunities to meet new people safely
- Shared group activities that build turn-taking, communication and awareness of others

This helps learners connect with their community in meaningful, supported ways