

Physical Education

At Castle School we teach 6 different activities within our curriculum



Swimming



OAA



Athletics



Dance



Gymnastics



Games

How PE is taught

When undertaking PE, students are taught in 4 main areas to ensure they develop their knowledge, skills and understanding.

These 4 areas are:

- Acquiring and developing skills
- Selecting and applying skills, tactics and compositional ideas
- Evaluating and improving performance
- Knowledge and understanding of fitness and health



PE Lessons

At Castle our students love and enjoy their PE lessons. Students also work very hard, as illustrated by the photos below.



Communication in PE

In PE we communicate in many different ways to ensure our children understand:

- ▶ Body language
- ▶ Eye pointing (shared attention)
- ▶ Intensive interaction
- ▶ Switches for choice making
- ▶ Signing
- ▶ Picture exchange communication system
- ▶ Verbal communication



Clubs and Teams

At Castle we run lunchtime clubs, everyday of the week for both our primary and secondary students. We also run an after school sports club every Wednesday.

Our sports teams compete in inter-school competitions throughout the year. Sports which we have competed in include cricket, football, athletics and basketball.



Special Events



At Castle we host several regular sporting events throughout the year. These include a swimming gala, sports day, fun run, sports relief activities and much more.

Our Sports day is a particularly big event which contains many varied activities, so we can differentiate effectively for all our students.

