



Behaviour management at Castle School

A guide for parents

If your child
sometimes
experiences
challenging
behaviour

You are not alone

We can usually help

We have experience of a wide variety of challenging behaviours, whether the cause is autism, sensory issues, learning difficulties, emotional problems or other reasons.

The guide
that follows is
in two parts..



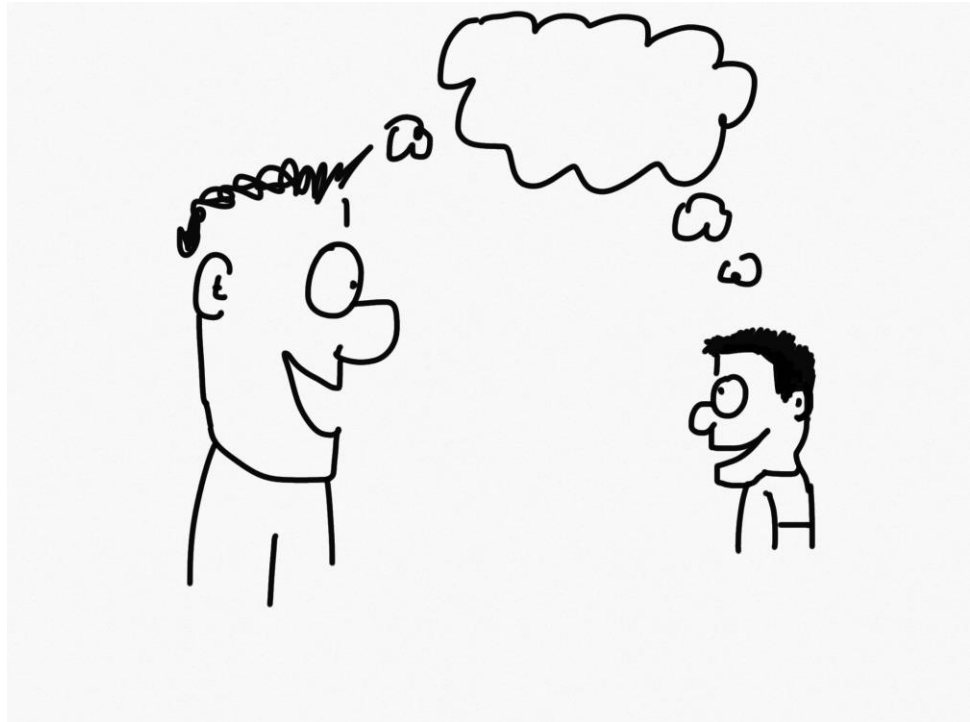
How we see the problems of
challenging behaviours



How we see the solutions for
challenging behaviours

Part 1 The problem

At school, as in life, we all thrive when we can connect and communicate with other people:



We all know when we connect with other people. When we do, good learning and good behaviour result.

But occasionally,
connections with
other people are
difficult to establish
or maintain



All singing from different song sheets

Connecting with others can be difficult for children when we do not understand..

How they perceive the world

Their ability to think

Their ability to manage their emotions

Their physical or sensory issues

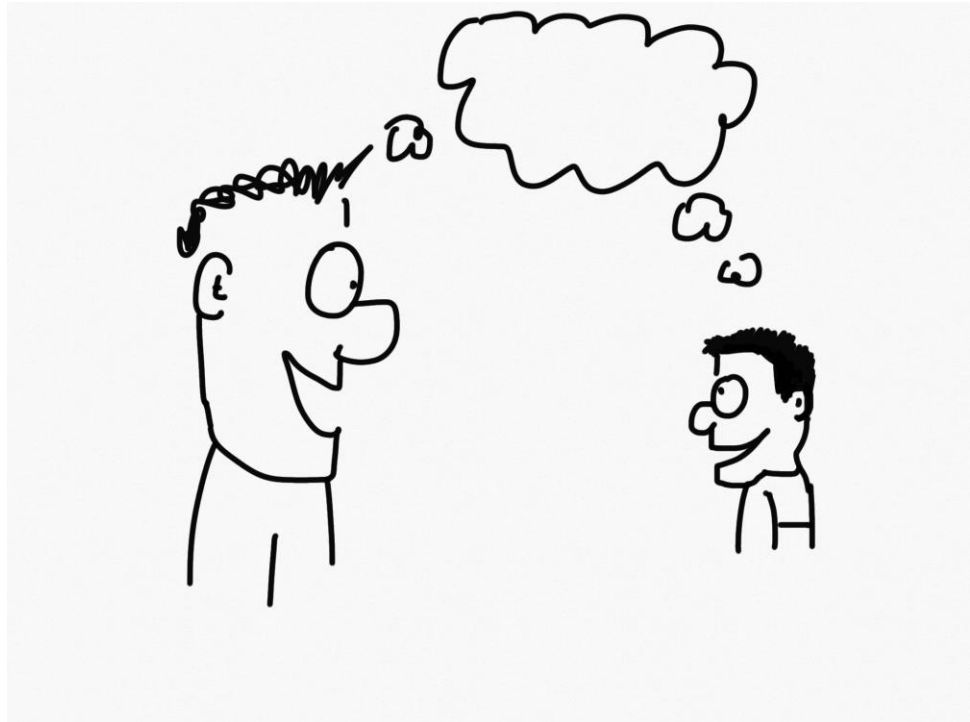
Their preferred method of communication

Their mental health issues



Part 2 The solution

We know if we understand the child's needs, their challenging behaviour will go away.



We interpret their challenging behaviour as their way of communicating their needs to us.

So for example,

They may need to feel safe by living in a world of their own

They may need us to help with physical issues

They may need help to cope with their anxieties

They may need to learn social skills so they can thrive in school

They may need us to realise they are missing vital early experiences

They may need us to show them how to listen

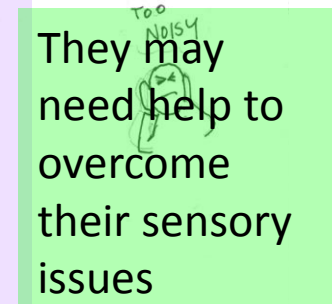
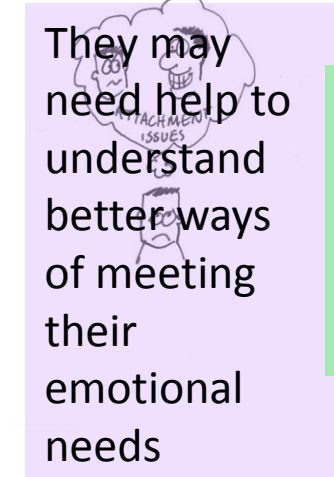
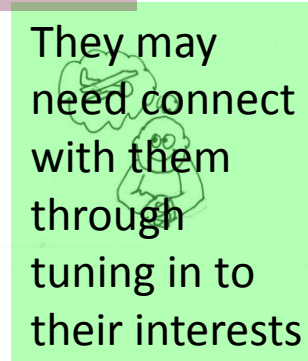
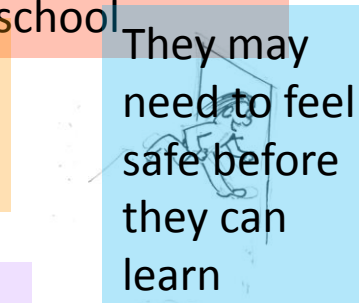
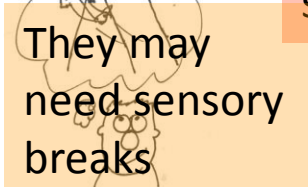
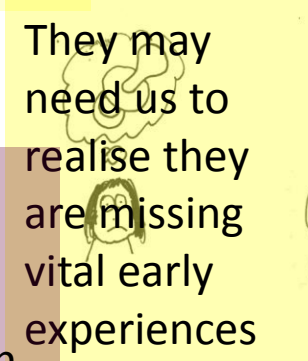
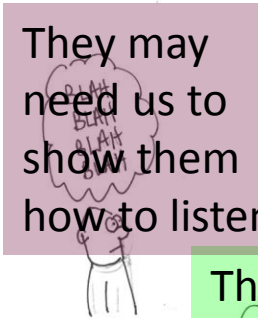
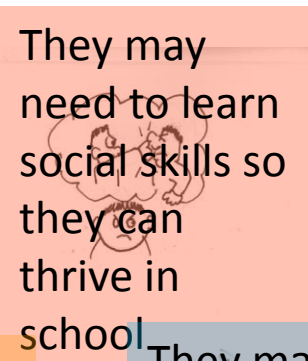
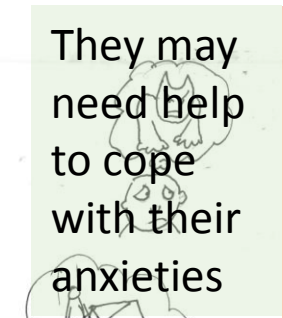
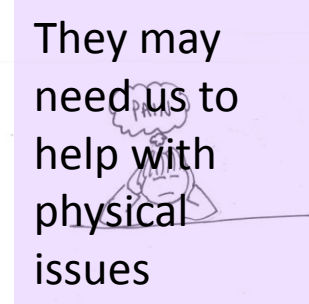
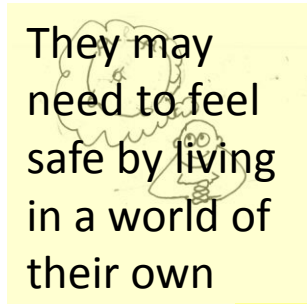
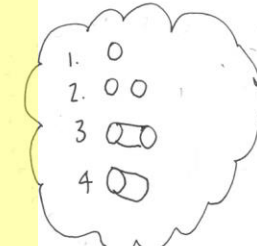
They may need sensory breaks

They may need to feel safe before they can learn

They may need connect with them through tuning in to their interests

They may need help to understand better ways of meeting their emotional needs

They may need help to overcome their sensory issues



This is how we approach challenging behaviour

There is no such thing as naughty – we need to understand the cause of the behaviour, not condemn the child

The relationship between adult and child has to be warm and positive

No punishments, nagging or excluding

If we do not change our approach, the child's behaviour will not change

We need to model emotional strength, stay calm and be positive

And it is even better to teach the child the skills they need to replace the challenging behaviour

Communication skills

Conflict resolution

How to listen

Managing my emotions

Social skills

If you would like to know more about what we do, or you would like to discuss your own child..

Please get in touch

We know that the most effective behaviour management is when school and home work together

